

Changes to the School Day

Secondary

What changes are being proposed?

- Changing the school week from the current structure of 5 equal days to 4 slightly longer school days to allow one day to have a lunchtime finish
- Teaching time would remain the same overall
- These changes are being proposed for primary and secondary schools only- Early Learning and Childcare (nursery) settings are not affected by these changes

Example timetable

		Start time	End Time	Class	Social
Four Days	Period 1	8.50am	9.40am	50 mins	
	Period 2	9.40am	10.30am	50 mins	
	Interval	10.30am	10.50am		20mins
	Period 3	10.50am	11.40am	50 mins	
	Period 4	11.40am	12.30pm	50 mins	
	Period 5	12.30pm	1.20pm	50 mins	
	Lunch	1.20pm	2.00pm		40 mins
	Period 6	2.00pm	2.50pm	50 mins	
	Period 7	2.50pm	3.40pm	50 mins	
One Day	Period 1	8.50am	9.40am	50 mins	
	Period 2	9.40am	10.30am	50 mins	
	Period 3	10.30am	11.20am	50 mins	
	Brunch	11.20am	12noon		40 mins
	Period 4	12 noon	12.50pm	50 mins	
	Period 5	12.50pm	1.40pm	50 mins	

Why make changes?

By making these changes to the school day, there will be benefits to the learning and wellbeing of young people and school staff.

We have looked at examples from around Scotland and the UK where these changes have already been made.

Some of the benefits to young people are:

- Better balance in the week - time in and out of a formal learning environment
- More time for young people to explore extra-curricular activities and volunteering opportunities, to prepare for the world of work
- Recruitment of school staff in Dumfries and Galloway can be a challenge, this change would help us better staff our schools by making it easier to timetable our current staff and to recruit new staff to fill vacancies
- @SWConnects, which delivers live online teaching for Highers and Advanced Highers, has won a national award for delivery in over 30 secondary schools in South West Scotland. Aligning the timetable and freeing a half day in the week enables us to offer more variety of subject choices to young people.



Have your say at our community drop in sessions and by completing the questionnaire

Find out more at dumgal.gov.uk/theschoolweek or scan the code below

