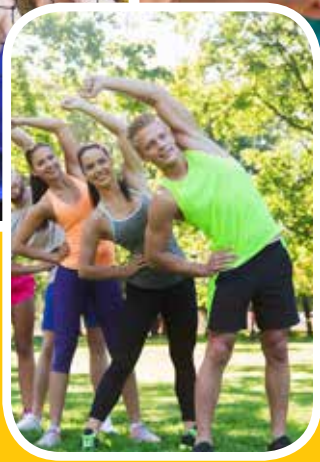


Annandale and Eskdale

Leadership ACADEMY



The Holywood Trust

Scottish Charity No. SC009942



What is the Leadership Academy?

The Leadership Academy is a programme that inspires lifelong learning in sport and physical activity. The range of awards and qualifications delivered over the three day course equips young people with the skills and motivation to create and run sporting activities in their local school and community.

Leadership academy students then deliver community activities on a voluntary basis as part of the qualification, enhancing the opportunity for others to engage with sport and physical activity in their local area.

It is anticipated this year's leadership academy will see students work with selected primary schools as part of their leadership academy programme with students actively linked to a school to inspire primary aged students to take part in more physical activity and lead on sport within their school.

Course Outline

Recommended Age	S4 or S5 in 2019-2020 academic year
Cost	£10 per candidate
Numbers	6 per Secondary School (Lockerbie, Moffat, Langholm and Annan) or 24 in total
Dates	14th, 15th and 16th August
Times	9.30am - 4.00pm
Venue	Lockerbie Academy
Travel Arrangements	Free as arranged with Active Schools and Community Sport Officers

Closing date Friday 21 June

- DAY 1** Sports Leadership Introduction, Communication and Goal Setting Course.
- DAY 2** Safeguarding and Protecting Children Course, Let's Motivate Course and Saltire Awards Presentation.
- DAY 3** Working with Additional Support Needs in Sport, First Aid Course, Active Schools and Community Sport mentor meeting.



Support

The Leadership Academy is designed to incorporate a range of qualifications to allow a student to become a confident and skilled deliverer. Students leaving the initial training will be assigned a mentor who will support them to complete their practical learning outcomes or discuss any problems they may be having.



Course Content

- Go Lead Sports Leader Certificate
- First Aid
- Let's Motivate
- Safeguarding and Protecting Children in Sport
- Disability Inclusion
- Events Management
- Saltire Awards



Course Delivery

The Leadership Academy is designed to upskill students to have the necessary skills and qualifications that will allow them to be able to deliver sport and physical activity on their return from the summer break. The course will be held at Lockerbie Academy over three days. As part of our commitment to supporting inclusive and equal opportunities to all students, we have managed to secure funding to allow transport to be provided from all four secondary school clusters.



Career and Development

The Leadership Academy offers entry level qualifications that are required by most sport, health, fitness and exercise industries. For those looking to enter one of the many roles within leisure and sport this course would be a great stepping stone to pursue a career in this field. For students looking to leave school and follow a career path in sport and physical activity, the leadership academy provides a great opportunity to demonstrate your understanding and experience as a Leader in sport to colleges, universities or employers.





Go Lead Sports Leadership Certificate

The Go Lead Certificate in Sports Leadership has been designed to support young adults in a variety of different settings including community groups, primary and secondary schools, uniformed organisations and sports clubs that are affiliated to the local authority.

Research undertaken by Sports Leaders UK suggests that many learners who have already been engaged with the Go Lead Certificate in Sports Leadership now feel far more confident and assertive in their role as a Sports Leader, and have embarked upon the Level 2 Award in Community Sports Leadership in order to progress their skills.

Go Lead Certificate in Sports Leadership - How Does It Work?

Content and Format

The Go Lead Certificate in Sports Leadership is a practical course in which learners must demonstrate knowledge and understanding through physical competence (leading their peers) rather than written work.

The Go Lead Certificate in Sports Leadership is divided into nine small and simple sections of work:

- 1 Introduction to Sports Leadership** - Details of the skills, attributes and qualities required by a Sports Leader.
- 2 Communication for Sport** - Through the delivery of a tutor led warm-up, different types of communication skills should be demonstrated. Practical activity should then be played in order to develop the learner's own skills.
- 3 Taking Control of a Group** - Using the communication skills learnt from the previous section, learners should practice taking control and leading simple activities.
- 4 Organisational Tools** - Exploration of the types of sessions that the learners could potentially be involved in and what questions they need to ask prior to a session.
- 5 Where to and What Next** - The learners should be provided with local contacts within their community for the progression of young people, plus information on how to build upon their own leadership on completion of the Go Lead Certificate in Sports Leadership.
- 6 Safety in Sport** - Learners should use the 'safety' worksheet to establish what types of hazards to look out for.
- 7 Adaptation of Simple Activities** - The learners should develop an improvised game using various items of equipment and lead the rest of the group through the activity.
- 8 Putting it all into Practice** - The 'grand finale' where the learners lead simple activities for the rest of the group.
- 9 What we ask** - to complete the certification, students should complete 50 hours of volunteering.



Saltire Awards

Celebrate and recognise the volunteering achievements of your Leadership with Saltire Awards.

What is it?

Saltire Awards is the Scottish Governments national youth volunteer awards. They celebrate, recognise and reward the commitment, contribution and achievements of young volunteers in Scotland, aged between 12 and 25.

Young people gain nationally recognised certificates, signed by Scottish Government Ministers, for the different amounts of volunteering they do.

Saltire Awards helps young volunteers to reflect on, capture and communicate their learning and development gained through their volunteering.

There are four milestones to the Awards designed to help you celebrate your volunteering journey. The Challenge; The Ascent; The Approach; The Summit.



APPLICATION FORM

Please tell us in no more than 200 words, why you are interested in becoming a Leader

Please continue on another sheet if necessary

APPLICATION FORM

Name.....

Address

Email (essential).....

School Year.....

Mobile Number

I would like my son/daughter (name)

Class.....

School.....

to attend the Leadership Academy at Lockerbie Academy.

Signed Printed

Date.....



For further information please contact

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Council Offices, High Street, Annan, DG12 6AQ

Tel 01461 207046 • Email AEASCS@dumgal.gov.uk