

# LUNCH

WEEK 1

naturally  
**D&G**

22 April, 13 May, 3 June, 24 June, 2 September, 23 September

## DAILY DELI SPECIALS

£2.00

**HOT AND COLD  
PASTA POTS**

**chilled  
DRINKS**

**HOT  
DRINKS**

**SALAD  
POTS**

**HOMEMADE  
POT NOODLE**

### FILLINGS

Chicken  
Chicken Mayonnaise  
Coronation Chicken  
Spicy Chicken  
Egg Mayonnaise  
Salad  
Tuna or Salmon  
Boiled Ham  
Roast Beef  
Cheese  
Cheese Savoury

Udderly Brilliant!



CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Beef Chilli with Rice	Macaroni Cheese and Garlic Bread	Roast Beef, Gravy, Yorkshire Pudding, Turnip and Carrot Mash, Broccoli and Boiled Potatoes	Spicy Chicken Wrap with Mixed Salad	Fish, Chips or Boiled Potatoes and Peas
Sausage and Onions in a Baguette with Chips or Boiled Potatoes and Mixed Salad	Chicken Risotto	Vegetable Stir Fry with Sweet Chilli Noodles	Penne Pasta with Tomato and Basil Sauce and Garlic Bread	Chicken Burger Roll, Chips and Peas
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Chocolate Cookie	Chocolate and Raspberry Muffin	Banoffee	Chocolate and Pear Brownie	Fruit Jelly Sundae and Ice Cream
Carrot Cake	Chocolate Brownie	Carrot Cake	Raspberry Muffin	Chocolate Sponge
Fruit Flapjack	Flapjack	Cranberry and Coconut Cookie	Flapjack	Oat Cookie
Shortbread	Shortbread	Shortbread	Shortbread	Shortbread

Think Allergy!

**Food Allergies and Intolerances:** Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

# LUNCH

Week 2

naturally  
**D&G**

29 April, 20 May, 10 June, 19 August, 9 September, 30 September

## DAILY DELI SPECIALS

£2.00

**HOT AND COLD  
Pasta POTS**

**SALAD  
POTS**

**chilled  
DRINKS**

**HOT  
DRINKS**

**homemade  
POT NOODLE**

**FILLINGS**

Chicken  
Chicken Mayonnaise  
Coronation Chicken  
Spicy Chicken  
Egg Mayonnaise  
Salad  
Tuna or Salmon  
Boiled Ham  
Roast Beef  
Cheese  
Cheese Savoury

baked POTATO | Panini | SUB ROLL | hot Baguette

off The Scale!  
HELP COMBAT OBESITY

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Salmon Finger Wrap and Garlic Mayo Dip with Mixed Salad	Spaghetti Bolognaise (Turkey) with Garlic Bread and Broccoli	Steak Pie, Spring Greens, Sweetcorn and Potatoes	Cheese and Tomato Pizza, Coleslaw and Crunchy Salad	Crunchy Fish Fillet, Chips or Boiled Potatoes and Peas
Sausage Roll, Chips or Boiled Potatoes and Beans	Vegetable Fajita	Vegetable Chow Mein	Chicken Curry with Naan Bread	Beef Burger Roll, Mixed Salad, Tomato Relish and Chips or Boiled Potatoes
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Sticky Chocolate Muffin	Chocolate and Pear Brownie	Apple Crumble and Custard	Chocolate and Raspberry Muffin	Chocolate and Banana Brownie
Carrot Cake	Carrot Cake	Oat Cookie	Oaty Fruit Biscuit	Blueberry Muffin
Fruity Flapjack	Flapjack	Flapjack	Flapjack	Flapjack
Shortbread	Shortbread and Fruit	Shortbread	Shortbread	Shortbread

Think Allergy!

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# LUNCH

week 3

naturally  
**D&G**

6 May, 27 May, 17 June, 26 August, 16 September, 7 October

## DAILY DELI SPECIALS

£2.00

**HOT AND COLD  
PASTA POTS**

**SALAD  
POTS**

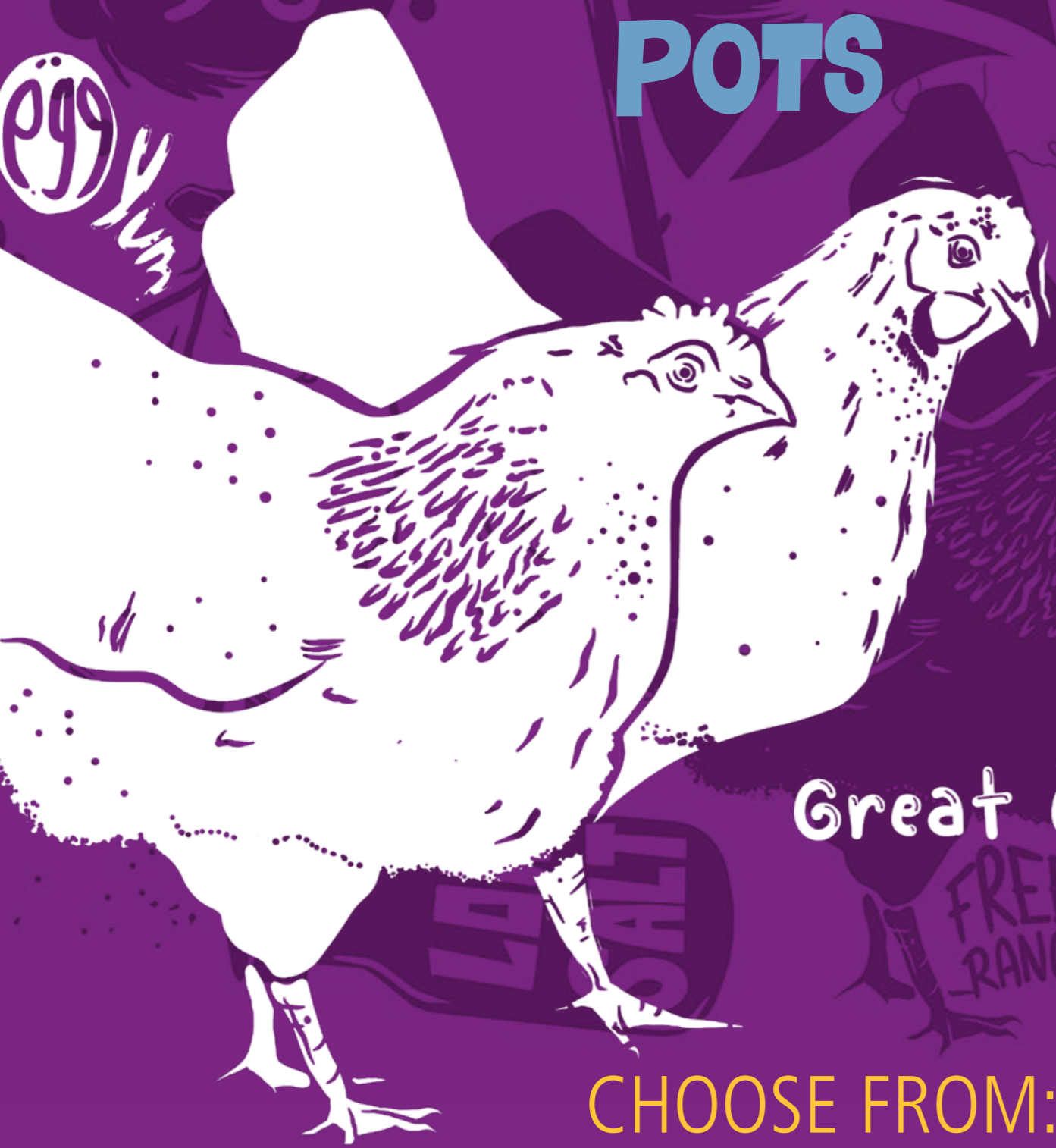
**chilled  
DRINKS**

**HOT  
DRINKS**

**homemade  
POT NOODLE**

### FILLINGS

Chicken  
Chicken Mayonnaise  
Coronation Chicken  
Spicy Chicken  
Egg Mayonnaise  
Salad  
Tuna or Salmon  
Boiled Ham  
Roast Beef  
Cheese  
Cheese Savoury



Great crack!

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Chicken Goujons served with Sweet Chilli Dip, Mixed Salad, Coleslaw and Chips	BBQ Pulled Pork Pitta Bread with Salad	Roast Chicken with Baby Potatoes and Spring Greens and Carrots	Sausages, Beans and Boiled Potatoes	Fish and Chips or Boiled Potatoes with Peas
Cheese and Ham Panini with Galloway 'Slaw and Mixed Salad	Cottage Pie with Broccoli	Vegetable Chilli with Rice	Italian Pasta with Garlic Bread	Vegetable Pizza, Chips or Boiled Potatoes and Peas
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Banana and Toffee Muffin	Chocolate and Pear Brownie	Carrot Cake	Chocolate and Raspberry Brownie	Fruit Salad and Ice Cream
Sticky Chocolate Muffin	Blueberry Muffin	Sticky Chocolate Muffin	Oat Cookie	Apple and Cinnamon Cookie
Oat Cookie	Fruit Flapjack	Flapjack	Flapjack	Flapjack
Shortbread	Shortbread	Shortbread with Fruit	Shortbread	Shortbread

Think Allergy!

**Food Allergies and Intolerances:** Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.