

Dumfries and Galloway Council has created our own local provenance catering brand "Naturally D&G". This brand demonstrates that we are committed to supporting our local food industry and economy.

naturally
D&G



Specific dietary requirements

We also offer meals for specific dietary requirements, such as vegetarian, food allergies or intolerances, medically prescribed diets, or religion or culture.

If you require this please inform your school as soon as possible. Special dietary requirements will be managed in a way that is realistic to the catering section and pupil and therefore it may not be possible to accommodate all desired requirements.

Pre-ordering lunch

All menus are nutritionally analysed, offering a fantastic choice and flexibility.

Primary schools have introduced an advanced pre order system for lunch. Please ask your school for a pre-order form.

You can choose 1 from each of the following groups:

- soup or pudding
- main course or sandwich lunch option
- an item from the salad option
- and a drink

More information relating to the School Meal Service can be found at

www.dumgal.gov.uk

Are you Entitled to Free School Meals?



Free school meals are provided for pupils of families on qualifying benefits and can lead to a large financial saving each year.

For further information please go to www.dumgal.gov.uk/schoolmeals or contact Education Support Services on **01387 260493**.

Application forms are available at all schools and you can apply for a Clothing Grant on the same form.

Think Allergy!

Which ingredients can cause a problem?



Food Allergies and Intolerances:

Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

Nursery
SCHOOL MEALS
try them. You'll love them

Spring Summer 2019



naturally
D&G

Dumfries & Galloway
COUNCIL



Week 1 - 22 April, 13 May, 3 June, 24 June, 2 September, 23 September

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Lentil Soup		Chicken Noodle Soup	
MAINS	Hot Dog Roll with Sweetcorn	Macaroni Cheese and Mixed Salad	Roast Beef, Gravy, Yorkshire Pudding, with Turnip and Carrot Mash and Boiled Potatoes	Spicy Chicken Wrap with Coleslaw and Mixed Salad	Breaded Fish with Mashed Potatoes and Peas
	or	or	or	or	or
	Mexican Mixed Bean filled Yorkshire Pudding	Chicken Risotto	Vegetable Stir Fry with Noodles	Penne Pasta in a Tomato and Basil Sauce with Garlic Bread	Pork Burger Roll with Mixed Salad
DESSERT	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo	Choice of Roll, Sandwich or Baked Potato with Chicken Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Tuna or Egg Mayo	Choice of Roll, Sandwich or Baked Potato with Chicken Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Tuna or Egg Mayo
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fruit Flapjack		Cranberry and Coconut Cookie		Fruit Jelly Sundae and Ice Cream

Week 2 - 29 April, 20 May, 10 June, 19 August, 9 September, 30 September

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Vegetable Soup		Lentil Soup	
MAINS	Salmon Finger Wrap and Mixed Salad	Spaghetti Bolognese and Broccoli	Stewed Steak with Spring Greens, Sweetcorn and Boiled Potatoes	Cheese and Tomato Pizza, Coleslaw and Crunchy Salad	Sausage Roll with Beans
	or	or	or	or	or
	Tomato Pasta Bake	Vegetable Fajita with Mixed Salad	Vegetable Chow Mein	Chicken Curry with Rice	*Beef Burger Roll, Tomato Relish and Mixed Salad
DESSERT	Choice of Roll, Sandwich or Baked Potato with Chicken Mayo or Tuna	Choice of Roll, Sandwich or Baked Potato with Tuna Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Egg Mayo or Tuna	Choice of Roll, Sandwich or Baked Potato with Chicken Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Sticky Chocolate Muffin		Apple Crumble and Custard		Chocolate and Banana Brownie

Week 3 - 6 May, 27 May, 17 June, 26 August, 16 September, 7 October

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Tomato Soup		Lentil Soup	
MAINS	Cheese and Tomato Panini, Mixed Salad and Coleslaw	BBQ Pulled Pork and Salad Pitta Bread	Roast Chicken with Boiled Potatoes, Spring Greens and Carrots	Italian Pasta with Garlic Bread	Breaded Fish with Boiled Potatoes and Peas
	or	or	or	or	or
	Baked Potato served with Cheese and Beans	*Cottage Pie served with Broccoli	Vegetable Chilli with Rice	Sausage, Mashed Potatoes and Beans	Vegetable Pizza
DESSERT	Choice of Roll, Sandwich or Baked Potato with Tuna Mayo or Cheese	Choice of Roll, Sandwich or Baked Potato with Egg Mayo or Chicken	Choice of Roll, Sandwich or Baked Potato with Tuna or Chicken Mayo	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo	Choice of Roll, Sandwich or Baked Potato with Tuna Mayo or Cheese or Baked Potato with Cheese and Beans
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Banana and Toffee Muffin		Shortbread with Fruit		Ice Cream and Fruit Salad

* Vegetarian option available, please speak to your catering manager or complete our Special Diet Registration Form