

Dumfries and Galloway Council has created our own local provenance catering brand "Naturally D&G". This brand demonstrates that we are committed to supporting our local food industry and economy.

naturally
D&G



Specific dietary requirements

We also offer meals for specific dietary requirements, such as vegetarian, food allergies or intolerances, medically prescribed diets, or religion or culture.

If you require this please inform your school as soon as possible. Special dietary requirements will be managed in a way that is realistic to the catering section and pupil and therefore it may not be possible to accommodate all desired requirements.

Pre-ordering lunch

All menus are nutritionally analysed, offering a fantastic choice and flexibility.

Primary schools have introduced an advanced pre order system for lunch. Please ask your school for a pre-order form.

You can choose 1 from each of the following groups:

- soup or pudding
- main course or sandwich lunch option
- an item from the salad option
- and a drink

More information relating to the School Meal Service can be found at

www.dumgal.gov.uk

Are you Entitled to Free School Meals?



Free school meals are provided for pupils of families on qualifying benefits and can lead to a large financial saving each year.

For further information please go to www.dumgal.gov.uk/schoolmeals or contact Education Support Services on **01387 260493**.

Application forms are available at all schools and you can apply for a Clothing Grant on the same form.

Think Allergy!

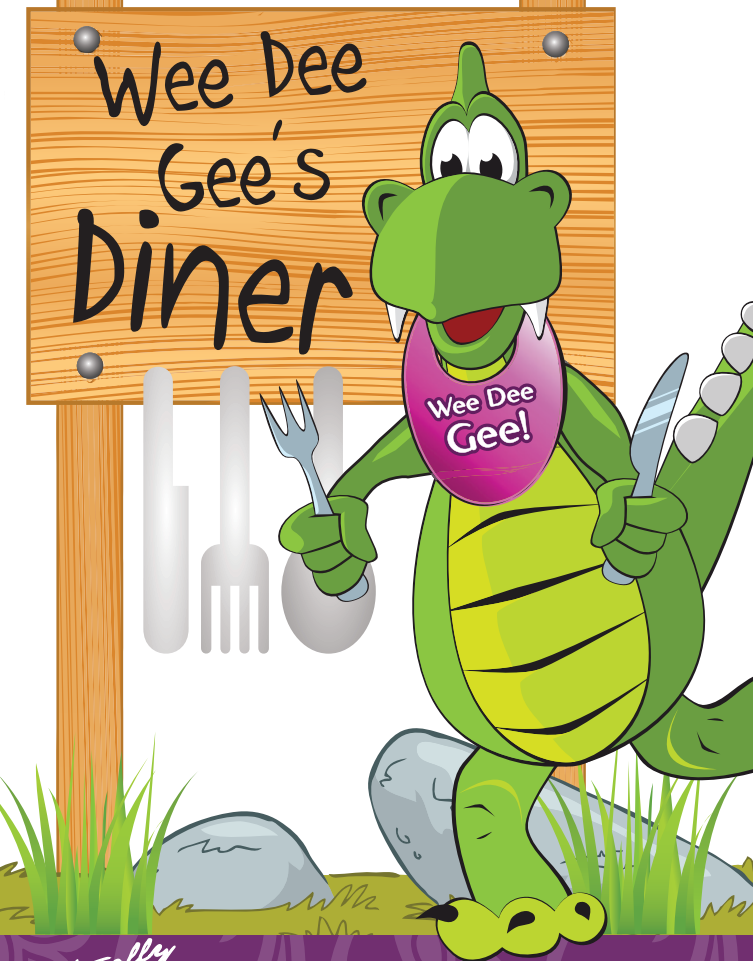
Which ingredients can cause a problem?



Food Allergies and Intolerances:

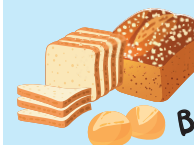
Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

SCHOOL MEALS try them, you'll love them
Spring Summer 2019



naturally
D&G

Dumfries & Galloway
COUNCIL



**Bread Basket
and Bread Sticks
Available Daily**

Week 1 - 22 April, 13 May, 3 June, 24 June, 2 September, 23 September

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Lentil Soup		Chicken Noodle Soup	
MAINS	Hot Dog Roll with Chips and Sweetcorn	Macaroni Cheese and Mixed Salad	Roast Beef, Gravy, Yorkshire Pudding, with Turnip and Carrot Mash and Boiled Potatoes	Spicy Chicken Wrap with Coleslaw and Mixed Salad	Breaded Fish with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Mexican Mixed Bean filled Yorkshire Pudding	Chicken Risotto	Vegetable Stir Fry with Sweet Chilli Noodles	Penne Pasta in a Tomato and Basil Sauce with Garlic Bread	Pork Burger Roll, Chips and Mixed Salad
	or	or	or	or	or
	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo	Choice of Roll, Sandwich or Baked Potato with Ham, Chicken Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo	Choice of Roll, Sandwich or Baked Potato with Ham, Chicken Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo
DESSERT	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Fruit Flapjack	Chocolate and Raspberry Muffin	Cranberry and Coconut Cookie	Chocolate and Pear Brownie	Fruit Jelly Sundae and Ice Cream

Week 2 - 29 April, 20 May, 10 June, 19 August, 9 September, 30 September

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Vegetable Soup		Lentil Soup	
MAINS	Salmon Finger Wrap with Garlic Mayo Dip and Mixed Salad	Spaghetti Bolognese and Broccoli	Steak Pie with Spring Greens, Sweetcorn and Boiled Potatoes	Cheese and Tomato Pizza, Coleslaw and Crunchy Salad	Crunchy Fish Fillet with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Sausage Roll, Chips or Boiled Potatoes and Beans	Vegetable Fajita with Mixed Salad	Vegetable Chow Mein	Chicken Curry with Rice	Beef Burger Roll with Chips or Boiled Potatoes, Tomato Relish and Mixed Salad
	or	or	or	or	or
	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Chicken Mayo	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Ham, Egg Mayo or Tuna	Choice of Roll, Sandwich or Baked Potato with Ham, Chicken Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo
DESSERT	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Sticky Chocolate Muffin	Shortbread and Fruit	Apple Crumble and Custard	Oaty Fruit Biscuit	Chocolate and Banana Brownie

Week 3 - 6 May, 27 May, 17 June, 26 August, 16 September, 7 October

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Tomato Soup		Lentil Soup	
MAINS	Cheese and Ham Panini*, Mixed Salad, Coleslaw with Chips or Boiled Potatoes	BBQ Pulled Pork with Salad and Pitta Bread	Roast Chicken with Boiled Potatoes, Spring Greens and Carrots	Italian Pasta with Garlic Bread	Breaded Fish with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Chicken Goujons Wrap, Mixed Salad and Coleslaw	Cottage Pie* with Broccoli	Vegetable Chilli with Rice	Sausage, Beans and Boiled Potatoes	Vegetable Pizza with Chips or Boiled Potatoes and Peas
	or	or	or	or	or
	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans	Choice of Roll, Sandwich or Baked Potato with Ham, Egg Mayo or Chicken	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Chicken Mayo	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna or Egg Mayo	Choice of Roll, Sandwich or Baked Potato with Ham, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans
DESSERT	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Banana and Toffee Muffin	Fruit Flapjack	Shortbread with Fruit	Chocolate and Raspberry Brownie	Ice Cream and Fruit Salad

* Vegetarian option available, please speak to your catering manager or complete our Special Diet Registration Form