## SOUP Lentil 是

MONDAY

Chicken Fajita with Chips or Potatoes
or

Vegetable
Fajita
Wrap (

Chicken Fried Rice and Curry Sauce
or

## Vegetable

Fried Rice, and
Curry Sauce ( $ا$ )

WEDNESDAY

Roast Beef with Gravy, Yorkshire Pudding and Boiled Potatoes
or

$$
\begin{aligned}
& \text { Spinach, Sweet } \\
& \text { Potato and } \\
& \text { Lentil Dahl } \\
& \text { with Chapati (b) }
\end{aligned}
$$

## THURSDAY

Chicken
Carbonara Pasta with Garlic Bread
or

Vegetable Pasta Bake with Garlic Bread ( $\nabla$

Fish with Chips or Potatoes
or

Bean Chilli with Rice ( $P$ )


## SOUP Lentil

Chinese Style Chicken Curry with Chips or Potatoes or Rice
or

Savoury
Vegetable Rice with Sweet Chilli Sauce (b)

$$
\begin{gathered}
\text { Beef Chilli and } \\
\text { Rice } \\
\text { or }
\end{gathered}
$$

BBQ
Vegetable Wrap (B)

> Steak Pie and Mashed Potatoes
or
Roast Vegetable and Bean Parcel with Mashed Potatoes ( $ا$

> Macaroni
> Cheese with Garlic Bread
or

Sweet Chilli Vegetables with Rice (b)

Fish with Chips or Potatoes
or

Roasted Vegetable Pizza (1)


## SOUP Lentil ${ }^{0}$

## MONDAY

## TUESDAY

WEDNESDAY
THURSDAY

Macaroni
Cheese with Garlic Bread (V)
or

Mixed Bean Chilli with Rice ( $)$

Cheeseburger Roll with Chips or Potatoes

## or

Roast Vegetable Pizza (1)

Roast Chicken with Gravy, Yorkshire Pudding and Boiled Potatoes
or
Vegetable Roast with Gravy and Boiled Potatoes ( $ا$ )

Lasagne with Garlic Bread
or

Lentil Bolognese with Garlic Bread (1)

FRIDAY

Fish with Chips or Potatoes
or

Sweet Chilli Vegtables with Rice (


DESSERTS

Fruit Pot $(\square)$
Fruit Yogurt (N) or ( $D$
Flapjack (1)
Tiffin (v)

## Chocolate Brownie (v)

