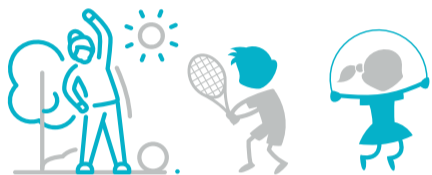


# Health and Wellbeing



## Strategic Outcomes

- Prevention and early intervention assist people to have independent lives
- Access to personal support and care helps keep people safe
- People are active, resilient and improving their health and wellbeing
- Help is provided to tackle the causes and effects of poverty, inequality and increased cost of living
- People have access to high quality, affordable housing that supports their independence, prosperity and wellbeing



**69%** of adults and **58.8%** of children in Dumfries and Galloway are achieving the physical activity guidelines



**3,600** individuals that we keep safe in their homes through use of technology



**4,549**

adults and children reported improved mental health and wellbeing through the Council's lifelong learning activities



**83,603**

calls through to our support services

### Life Expectancy

Dumfries and Galloway

Scotland

**81.1yrs**

**80.8yrs**

Female

Female

**77.4yrs**

**76.5yrs**

Male

Male

**17**

Council Cultural Facilities ([dgculture.co.uk](http://dgculture.co.uk))



**13**

Council Leisure Facilities



**24**

Council Libraries



**4,034**

school children receive school clothing grants



**2,250,000** Care at home hours provided last year



**4,405**

children receive free school meals

### The Scottish WELFARE FUND

**6,337** people claimed funding support of **£1.479** million in 21/22

