

Meal Deal

£1.90

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

Week 1

17 April, 8 May, 29 May, 19 June, 28 August, 18 September, 9 October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
MAIN COURSES	Pizza with Chips or Boiled Potatoes	Chicken Fajitas	Roast Beef, Gravy and Yorkshire Pudding	Sausages, Beans and Mashed Potato	Fish with Chips or Boiled Potatoes
	Mince and Potatoes	Lamb Curry and Rice	Crunchy Salmon Wrap with Lemon Mayonnaise	Chicken and Vegetable Stir Fry and Noodles	Macaroni Cheese with Chips or Boiled Potatoes
	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
	or	or	or	or	or
	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
DESSERTS	Fruit	Fruit	Fruit	Fruit	Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Raspberry Ice Cream Roll and Pears	Iced Lemon Sponge	Apple Pie and Custard	Raspberry Muffin	Jelly and Ice Cream
	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits

Selection of Chilled Drinks and Hot Beverages

Daily Deli Specials (Main Course)

Udderly Brilliant!



- Jacket Potato with a choice of filling
- Pasta Tub with sauce
- Sub Roll with a choice of filling
- Hot Baguette with a choice of filling
- Salad Pot with choice of filling
- Panini with a choice of filling
- Homemade Noodle Pot
- Speciality Deli Breads
- Rolls, Sub Rolls, Baguettes, Bread & Wraps

Various
Salad Pots



FILLINGS

- Chicken
- Chicken Mayonnaise
- Coronation Chicken
- Spicy Chicken
- Egg Mayonnaise
- Salad
- Tuna or Salmon
- Boiled Ham
- Roast Beef
- Cheese
- Cheese Savoury

Think Allergy! **Food Allergies and Intolerances:** Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

Meal Deal

£1.90

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

Week 2

24 April, 15 May, 5 June, 26 June, 4 September, 25 September

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
MAIN COURSES	Vegetable Chow Mein	Spaghetti Bolognaise	Roast Chicken and Potatoes	Cottage Pie	Fish with Chips or Boiled Potatoes
	Beef Burger in a Roll with Chips	Jacket Potato, Haggis and Cheese	Vegetable Lasagne	Chicken Curry and Rice	Pitta Bread filled with BBQ Pulled Pork
	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
	or	or	or	or	or
	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
DESSERTS	Fruit	Fruit	Fruit	Fruit	Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Fruit Mousse and Peaches	Chocolate and Banana Brownie	Fruit Sponge and Custard	Marble Cake	Fruit Sundae
	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits

Selection of Chilled Drinks and Hot Beverages

Daily Deli Specials (Main Course)

- Jacket Potato with a choice of filling
- Pasta Tub with sauce
- Sub Roll with a choice of filling
- Hot Baguette with a choice of filling
- Salad Pot with choice of filling
- Panini with a choice of filling
- Homemade Noodle Pot

Speciality Deli Breads

Rolls, Sub Rolls, Baguettes, Bread & Wraps



FILLINGS

- Chicken
- Chicken Mayonnaise
- Coronation Chicken
- Spicy Chicken
- Egg Mayonnaise
- Salad
- Tuna or Salmon
- Boiled Ham
- Roast Beef
- Cheese
- Cheese Savoury

Various
Salad Pots



Great Crack!

Think Allergy!

Food Allergies and Intolerances: Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

Meal Deal

£1.90

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

Week 3

1 May, 22 May, 12 June, 21 August, 11 September, 2 October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
MAIN COURSES	Hot Roast Beef and Onion Baguette with Chips or Boiled Potatoes	Galloway Pasta Bake	Steak Pie and Potatoes	Macaroni Cheese with Tomato	Fish with Chips or Boiled Potatoes
	Sausage Roll and Beans with Chips or Boiled Potatoes	Chicken Goujons Wrap with Coleslaw	Sweet Chilli Chicken and Noodles	Spicy Chilli Beef Nachos	Vegetable Curry and Rice
	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
	or	or	or	or	or
	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
DESSERTS	Fruit	Fruit	Fruit	Fruit	Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Chocolate Brownie and Ice Cream	Fruit Muffin	Caramel Flan and Custard	Iced Carrot Cake	Ice Cream and Mandarin Oranges
	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits	Choice of Cakes and Biscuits

Selection of Chilled Drinks and Hot Beverages

Daily Deli Specials (Main Course)

Jacket Potato with a choice of filling
 Pasta Tub with sauce
 Sub Roll with a choice of filling
 Hot Baguette with a choice of filling
 Salad Pot with choice of filling
 Panini with a choice of filling
 Homemade Noodle Pot

Speciality Deli Breads
 Rolls, Sub Rolls, Baguettes, Bread & Wraps



FILLINGS

Chicken
 Chicken Mayonnaise
 Coronation Chicken
 Spicy Chicken
 Egg Mayonnaise
 Salad
 Tuna or Salmon
 Boiled Ham
 Roast Beef
 Cheese
 Cheese Savoury

Various
 Salad Pots



off The Scale!
 HELP COMBAT OBESITY

Think Allergy!

Food Allergies and Intolerances: Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.